






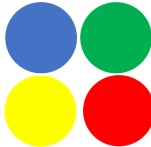



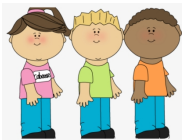

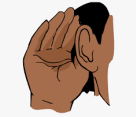









A Story about Multiskills Day at Stebbing Primary School

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| Soon it will be multiskills day. |  |
| This is a day where we go outside and the children test their skills in lots of different sports activities. |  |
| The activities could be throwing, catching, bouncing, jumping - there are quite a few different activities. |  |
| I will get changed into my PE kit. |  |
| If it is hot, I might be wearing sun cream and a hat. |  |
| I will walk to the school hall with my class. Some children from other classes will come to the hall too. |  |
| I will take my water bottle with me. |  |
| I will be told which sports group I am in. I will be with other children from my school house group (Ash, Beech, Oak or Chestnut). I will wait in my sports group. |  |
| If it gets too noisy for me, I can cup my hands over my ears or ask an adult to help me. |  |
| A teacher will say when it is time for the multiskills activities to start. I will walk outside with the other children from my sports group. We will go to our first multiskills activity. |  |
| The leader of my group will tell me what I need to do in the activity. I will listen carefully - I must follow the rules to make it fair. |  |
| I will wait with my group until it is my turn. Everyone can have a go. Sometimes I will have one go of an activity, sometimes I will have more than one go. |  |
| I will score points in each activity. The leader of the group will write down my score. |  |

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|--|---|
| The activity finishes when the teacher rings a bell or calls out on the microphone. I will stop what I am doing and go with my group to the next multiskills activity. |  |
| I will change to a different activity everytime I hear the bell or hear the teacher call out. I will try every multiskills activity. |  |
| I will remember to take my water bottle everytime I move to a different activity. |  |
| Children will be excited and they might shout and cheer on their friends. |  |
| I may hope to do well in each activity, but if I don't my friends will still cheer for me and I should feel proud of myself. |  |
| If I need the toilet, I will let an adult know. They will take me to the toilet. |  |
| The multiskills day will finish when everyone has had a chance to try every activity. |  |
| Multiskills day is all about having fun, but if you are finding it difficult let an adult know and they will help you. |  |