







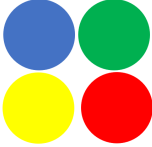












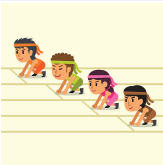
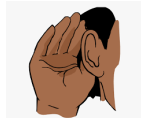



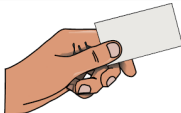









A Story about Sports Day at Stebbing Primary School

Soon it will be sports day.	
This is a day where we go outside and the children compete against each other in track events.	
A track event could be a running race, an egg and spoon race, a sack race, an obstacle course or dressing up race – there are quite a few different races.	
I will be given a choice of what races to take part in. I may not be able to do all of the races I want to do, but my teacher will let me know what races I am competing in.	
When I am in year 6 I can take part in a special 'slow bike' race.	
I will get changed into my PE kit.	
I will walk with my class to the school hall. There will be music playing. Other classes will come to the hall too.	
I will take my water bottle with me.	
I will wait in the hall in my school house group (not my class group). The school house groups are Ash, Beech, Oak and Chestnut. I will be told where to go.	
A teacher will tell me when to leave the hall. I will walk outside to the playing field with my school house group. I will take my water bottle with me.	
The children may be very excited; they may sing or shout words to encourage the children to do their best.	
If it gets too noisy for me, I can cup my hands over my ears or ask an adult to help me.	
On the playing field, I will sit on a gym mat or a bench. I will be told where to sit.	

If it is hot, I might sit under a shade.	
If it is hot, I might be wearing sun cream and a hat.	
Parents are invited to watch the races. They will be waiting on the school field. Parents will sit on the other side of the running track to me.	
I will try my best in the races even if my parents cannot come and watch me . I'll tell them all about sports day when I see them.	
I can wave at the parents, and the people I know, but I cannot walk over to them and they cannot walk over to me. This is to make sure my class teacher can see me at all times and keep me safe.	
When it is my turn to race, I will be told where I need to go.	
I will put on a coloured sports vest over the top of my P.E. kit. The colour shows which school house group I am racing for. The adults and year 6 children will help me put on the vest.	
I will be told what race I am doing and given any equipment I need. Sometimes the year 6 children will show me what to do in the race.	
Before the race starts, I will line up at the start of the running track with other children next to me.	
I will listen for the teacher to tell me when to start the race. The teacher might say, 'On your mark, get set, go!'. I can start the race when they say 'go'.	
I will try to finish the race as quickly as I can but I must follow the rules to make it fair. My teacher will tell me the rules.	
Children will be excited and they might shout and cheer on their friends when they race.	
I may hope to come first, but if I don't my friends will still cheer for me and I should feel proud of myself.	

When I finish the race, I will be given a card.	
I give this card to the adults sitting at the table.	
They will say, 'Well done' and take my card – I do not keep the card.	
I will return to the gym mat or the bench, have some sips of water and wait for my next race.	
If I need the toilet, I will let an adult know. They will take me to the toilet.	
When all of the races have finished there will be a game of 'Tug of War'. I will be part of my school house team - we will pull hard on the big Tug of War rope.	
When the Tug of War game is finished, Sports Day is finished. I will return to the gym mat or the bench and wait for an adult to take me back to my classroom.	
I will remember to take my hat and water bottle with me when I leave the playing field	
Sports day is all about having fun, but if you are finding it difficult let an adult know and they will help you.	