



Stebbing Primary School

KS1 PSHE Curriculum Overview

Relationships		Living in the Wider World		Health and Wellbeing							
Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Be yourself		TEAM		Aiming High		Money matters		Growing up		Safety first	
Year 1	Marvellous me Feelings Things I like	Together everyone achieves more Listening Being kind		Star qualities Positive learners Bright futures		Money Where money comes from Look after it		Our bodies Is it ok? Pink & blue		Keeping safe Staying safe at home Staying safe outside	
Year 2	Uncomfortable feelings Changes Speak up	Bullying and teasing Brilliant brains Making good choices		Jobs for all Going for goals Looking forward		Save or spend? Want or need? Going shopping		Your family, my family Getting older Changes		Staying safe around strangers Safe secrets and surprises People who can help	
Digital well being		VIPS		Diverse Britain		One World		It's my body		Think positive	
Year 1	The internet and me Online and offline Staying safe online	Who are your VIPs? Families Friends		My school My community My neighbourhood		Families Homes Schools		My body, my business Active and asleep Happy, healthy food		Think happy, feel happy It's your choice Go-getters	
Year 2	Personal information Communicating online True or false	Falling out Working together Showing you care		My country British people What makes me proud of Britain		Environments Resources Planet protectors		Clean as a whistle Can I eat it I can choose		Let it out Be thankful Be mindful	



Stebbing Primary School

LKS2 PSHE Curriculum Overview

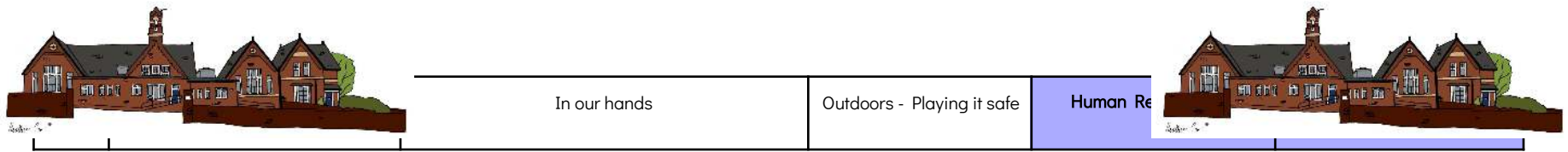
Relationships		Living in the Wider World			Health and Wellbeing	
Autumn 1		Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Be Yourself (Enrichment)		Diverse Britain (Class Teacher)	Aiming High (Enrichment)	Money matters (CT)	Safety First (Enrichment)	Think positive (CT)
Year 3	Pride Feelings Express yourself	Living in the British Isles Democracy Rules, laws and responsibilities	Achievements Goals Always learning	Where does money come from? Ways to pay Lending and borrowing	New responsibilities Risks, hazard & danger Under pressure	Happy minds, happy people Thoughts and feelings Changes
Year 4	Know your mind Media-Wise Making it right	Liberty Tolerance & respect What does it mean to be British?	Jobs and skills No limit! When I grow up	Priorities Advertising Keeping track	Safety when out and about Dangerous substances Injuries and emergencies	Keep calm and relax You're the boss Always learning
In addition to the above, these units/objectives need to be covered over the course of the year (note <u>***SRE curriculum must be taught as a discrete unit</u>).						
Team Autumn 1 (Induction activities for start to year)		VIPS (Covered during Anti-bullying week)	Digital Wellbeing (Covered through Computing Curriculum and Safer Internet Week)	One World (Covered through Diversity Week)	<u>***SRE Growing Up</u>	<u>***SRE It's My Body</u>
Year 3	A new start Together everyone achieves more Working together	Family and friends Fabulous friends Is this a good relationship?	The digital world Digital kindness Do I know?	Chiwa & Kwende Chiwa's dilemma 1 Chiwa's dilemma 2	Human Reproduction Changes in boys Changes in girls	My body, my choice Fit as a fiddle Good night, good day
Year 4	Being considerate When things go wrong Responsibilities	Falling out What is bullying? Stand up to bullying	Online information Keep it private My digital wellness	Chiwa's sugar Chiwa's world Charity for Chiwa	Changing emotions Relationships and families Where do I come from?	Cough, splutter, sneeze Drugs: healing or harmful Choices everywhere



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UKS2 PSHE Curriculum Overview

Relationships		Living in the Wider World		Health and wellbeing							
Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
TEAM/Be Yourself (Class Teacher)		VIPS (Enrichment)		Aiming High Spring 1 (CT)		Money matters (Enrichment)		Diverse Britain (CT)		Think Positive (Enrichment)	
Year 5	Together everyone achieves more Communicate Compromise and collaborate You are unique Let it out! Uncomfortable feelings	People we love Think before you act It's ok to disagree	You can achieve anything Breaking down barriers Future focus	Look after it! Critical consumers Value for money and ethical spending	Identities Communities Respecting the law	The cognitive triangle Thoughts are not facts Face your feelings					
Year 6	Care Unkind behaviour Shared responsibilities The confidence trick Do the right thing Making amends	You decide Secrets False friends	Equal opportunities The world of work Onwards and upwards	Budgeting Borrowing and saving Money in the wider world	Local government National government Making a difference	Keep calm and relax You're the boss Always learning					
In addition to the above, these units/objectives need to be covered over the course of the year (note ***SRE curriculum <u>must</u> be taught as a discrete unit)											
Digital wellbeing (Covered through Computing Curriculum and Safer Internet Week)		One World Environmental Objectives (Covered through environmental study topics)		Safety first (Objectives covered by Crucial Crew Yr 6)		***SRE <u>Growing Up</u>		***SRE <u>It's My Body</u>			
Year 5	My digital life Staying safe, happy and healthy online Online relationships	Global citizens Global warming Energy	You are responsible What are the risks? Making up your own mind	Changing bodies Changing emotions Just the way you are	Your body is your own Exercise right, sleep tight Taking care of our bodies						
Year	Social media Saying no to online bullying	Water Biodiversity	In an emergency Home - Safe and sound	Relationships Let's talk about sex	Harmful substances How we feel about our						



Notes

KS1 PSHE units are taught solely by the class teacher. Although units are set in specific terms, teachers choose when these are taught.

KS2 PSHE Units are taught through Enrichment/ Class Teacher led PSHE/RSE lessons and themed weeks.

Link to plans and resources:

https://drive.google.com/drive/folders/1uCf_IXqWJ-jAMpakjxCOLw5bmGiWpe5?usp=sharing