



Stebbing Primary School

KS1 PSHE Curriculum Overview

Health and Wellbeing		Living in the Wider World		Relationships							
1	2	1	2	1	2						
Growing up		Safety first		Aiming High		Money matters		Be yourself		TEAM	
Year 1	Our bodies Is it ok? Pink & blue	Keeping safe Staying safe at home Staying safe outside	Star qualities Positive learners Bright futures	Money Where money comes from Look after it	Marvellous me Feelings Things I like	Together everyone achieves more Listening Being kind					
Year 2	Your family, my family Getting older Changes	Staying safe around strangers Safe secrets and surprises People who can help	Jobs for all Going for goals Looking forward	Save or spend? Want or need? Going shopping	Uncomfortable feelings Changes Speak up	Bullying and teasing Brilliant brains Making good choices					
It's my body		Think positive		Diverse Britain		One World		Digital well being		VIPS	
Year 1	My body, my business Active and asleep Happy, healthy food	Think happy, feel happy It's your choice Go-getters	My school My community My neighbourhood	Families Homes Schools	The internet and me Online and offline Staying safe online	Who are your VIPs? Families Friends					
Year 2	Clean as a whistle Can I eat it I can choose	Let it out Be thankful Be mindful	My country British people What makes me proud of Britain	Environments Resources Planet protectors	Personal information Communicating online True or false	Falling out Working together Showing you care					



Stebbing Primary School

LKS2 PSHE Curriculum Overview



Health and Wellbeing		Living in the Wider World		Relationships							
1		2		1		2					
Growing up		Safety first		Aiming High		Money matters		Be yourself		TEAM	
Year 3	Human reproduction Changes in boys Changes in girls	New responsibilities Risks, hazard & danger Under pressure	Achievements Goals Always learning	Where does money come from? Ways to pay Lending and borrowing	Pride Feelings Express yourself	A new start Together everyone achieves more Working together					
Year 4	Changing emotions Relationships and families Where do I come from?	Safety when out and about Dangerous substances Injuries and emergencies	Jobs and skills No limit! When I grow up	Priorities Advertising Keeping track	Know your mind Media-wise Making it right	Being considerate When things go wrong Responsibilities					
It's my body		Think positive		Diverse Britain		One World		Digital well being		VIPS	
Year 3	My body, my choice Fit as a fiddle Good night, good day	Happy minds, happy people Thoughts and feelings Changes	Living in the British Isles Democracy Rules, laws and responsibilities	Chiwa & Kwende Chiwa's dilemma 1 Chiwa's dilemma 2	The digital world Digital kindness Do I know?	Family and friends Fabulous friends Is this a good relationship?					
Year 4	Cough, splutter, sneeze Drugs: healing or harmful Choices everywhere	Keep calm and relax You're the boss Always learning	Liberty Tolerance & respect What does it mean to be British?	Chiwa'a sugar Chiwa'a world Charity for Chiw	Online information Keep it private My digital wellness	Falling out What is bullying? Stand up to bullying					



Stebbing Primary School

UKS2 PSHE Curriculum Overview

Health and Wellbeing		Living in the Wider World		Relationships		
1		2		1		
2		1		2		
Growing up		Safety first		Aiming High		
1		2		Money matters		
2		1		Be yourself		
TEAM		1		2		
Year 5	Changing bodies Changing emotions Just the way you are	You are responsible What are the risks? Making up your own mind	You can achieve anything Breaking down barriers Future focus	Look after it! Critical consumers Value for money and ethical spending	You are unique Let it out! Uncomfortable feelings	Together everyone achieves more Communicate Compromise and collaborate
Year 6	Relationships Let's talk about Sex Human reproduction	In an emergency Home- Safe and sound Outdoors- Playing it safe	Equal opportunities The world of work Onwards and upwards	Budgeting Borrowing and saving Money in the wider world	The confidence trick Do the right thing Making amends	Care Unkind behaviour Shared responsibilities
It's my body		Think positive		Diverse Britain		
1 <td colspan="2">2 <td colspan="2">One World</td> </td>		2 <td colspan="2">One World</td>		One World		
2 <td colspan="2">1 <td colspan="2">Digital well being</td> </td>		1 <td colspan="2">Digital well being</td>		Digital well being		
VIPS		1 <td colspan="2">2 </td>		2		
Year 5	Your body is your own Exercise right, sleep tight Taking care of our bodies	The cognitive triangle Thoughts are not facts Face your feelings	Identities Communities Respecting the law	Global citizens Global warming Energy	My digital life Staying safe, happy and healthy online Online relationships	People we love Think before you act It's ok to disagree
Year 6	Harmful substances How we feel about our bodies Healthy choices	Keep calm and relax You're the boss Always learning	Local government National government Making a difference	Water Biodiversity In our hands	Social media Saying no to online bullying Fake news	You decide Secrets False friends