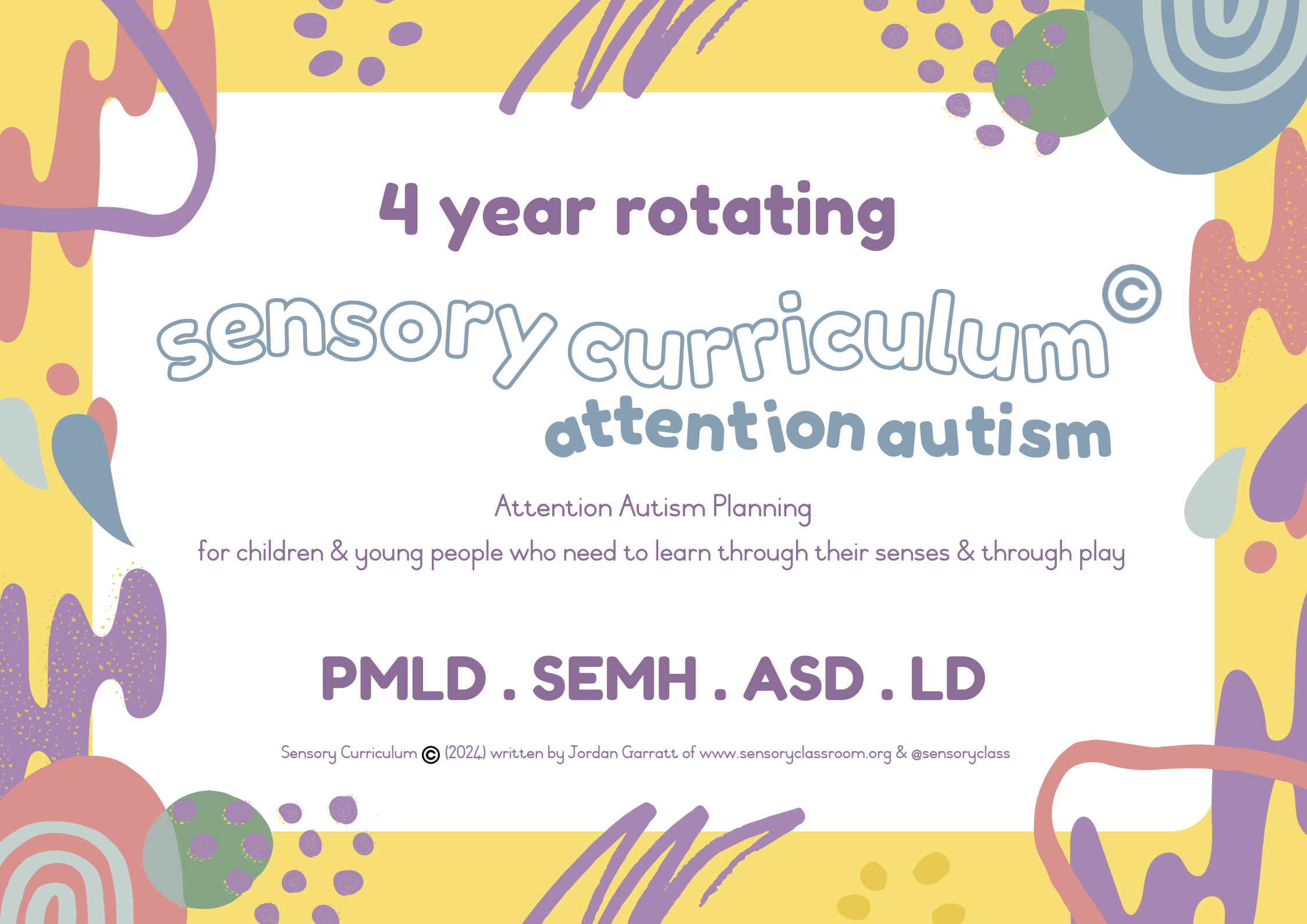




4 year rotating sensory curriculum[©] attention autism

Attention Autism Planning
for children & young people who need to learn through their senses & through play

PMLD . SEMH . ASD . LD

Sensory Curriculum © (2024) written by Jordan Garratt of www.sensoryclassroom.org & @sensoryclass

sensory curriculum[©]

attention autism

This curriculum and documents are copyrighted by Jordan Garratt (2024)

You may not, except with our express written permission, distribute or commercially exploit the content. Nor may you transmit it or store it in any other website or other form of electronic retrieval system.

You may use this document in the following ways;

- Print it as many times as you wish
- Save it to your personal computer or server
- Edit it to make it more suitable for your students
- Share with colleagues linked to your school or organisation

I would rather you did not;

- Share with those outside of your organisation, instead, please share the paid link to my website
- Copy my work and sell it or share it as your own

Introduction to **sensory curriculum**© **attention autism**

I have compiled this four year rotating Attention Autism programme for bucket time users to work from to better plan for and meet the needs of their sensory seeking students working at 0 months - 5 years.

Training from www.attentionautism.co.uk is advised before starting sessions

Attention Autism is an intervention approach by Speech and Language Therapist Gina Davies which aims to work on the early fundamentals of language including awareness of others, attention, listening, shared attention, switching attention and turn-taking.

This document is informed by Attention Autism Training;

The Original Attention Autism Training

Sensory Curriculum by Jordan Garratt

This document is not endorsed or affiliated with Gina Davies or her work.

Suitability for **sensory curriculum**© **attention autism**

Written for Autistic children above the age of 2.5 years old. I use this intervention for all learners in my classroom with developing language, developing engagement needs, and those who benefit from learning social skills and interactions through sensory and play-based, adult lead means.

This planning document can be adapted to suit learners working from 6 months- 6 years academic level.

sensory curriculum[©]

attention autism

Contents

1. Timetable Example- where does attention autism fit in?
2. Sensory Breaks - what I do before starting the session to ensure regulation and focus
3. Year A Autumn Term- Ourselves
4. Year A Spring Term- Our School
5. Year A Summer Term- Weather & Seasons
6. Year B Autumn Term- Toys
7. Year B Spring Term- Spring & Growth
8. Year B Summer Term- All Creatures Great & Small
9. Year C Autumn Term- Colour & Light
10. Year C Spring Term- Communities & Culture
11. Year C Summer Term- On the Move
12. Year D Autumn Term- Journeys
13. Year D Spring Term- Houses & Homes
14. Year D Summer Term- Out & About
15. Assessment example and blank template
16. Assessment record spreadsheet



Timetable Example

sensory curriculum[©] attention autism

	8.45 - 9:30	9:30 - 9:45	9.45 - 10:45 Lesson 1	10.45 - 11.15	11.15 - 12.00 Lesson 2	12:00 - 1:30	1:30-1:45	1:45-2:15	2:15pm - 2:45 Lesson 3	2:45 - 3pm
Monday	9:30 Arrival - sensory diet activities, class jobs, play skills, snack	9:45 Register, group talking skills/reflection, morning exercise	English		Maths		Register + afternoon exercise	Attention Autism	Horse riding	Daily rewards & preparation for home time Late group: 2.30 - 3.05 Play & sensory diet
Tuesday			PE		Drama				Focused IEP time	
Wednesday			Humanities	snack and play + Personal care	Maths				Technology	
Thursday			English -		PSHE (yoga)	Lunch + play + personal care			Maths	
Friday			Science		Swimming				Focused IEP Time	

Also included would ideally be activities such as forest school. art, music and life skills.
Currently, we include these within other areas

Sensory Breaks

sensory curriculum[©] **attention autism**

1 alerting

- Crunchy Snacks
- Exercise Ball Bounces
- Jumping
- Running Circuit
- Climbing
- Energetic Obstacle Course
- Tickles
- Swing / Seesaw / roundabout
- Upside Down Play
- Chasing Game
- Rolling Down a hill
- Skipping
- Dancing
- Shoulder Shrugs

2 organising

- Balance Circuit
- Lining Up Objects
- Climbing Stairs (Walk)
- Posting Objects
- Ordering & Sorting Task
- Complete a Puzzle
- Tracing/ Threading
- Yoga
- Dough Disco
- Exercise ball rolling
- Ball or Toy Car pushing
- Bike/ Trike/ Scooter
- Simon Says

3 grounding

- Carry or lift heavy objects
- Weighted Blanket
- Deep Pressure Squeezes
- Massage Limbs & Head
- Dark den / UV light
- Swaddled in blanket
- Lycra body sock
- Massage brushes
- Large Bean Bag laying
- TACPAC or equivalent
- Wall pushes or press ups
- Humming
- Finger Breathing
- Stretch/ Sway

We complete a full 3 part circuit before starting Attention Autism session

sensory curriculum[©]
attention autism

Year A



Autumn- Ourselves Attention Autism

sensory curriculum[©]
attention autism

Stage 1

- Mirror / Infinity Mirror
- Recorded sound buttons
- People puppet
- light up thumbs
- Peek a boo silk scarves
- Hairdryer or fan
- bubbles
- Chatter teeth wind up toy

Stage 2

- Paint on foil
- Paint on mirror tray
- Clear cups on mirror tray stacked in tower with water poured over
- Magnet face on round pizza baking tray stuck with shaving foam
- Glue and glitter faces on black sugar paper
- jack in the box
- draw faces in flour / shaving foam
- cotton pad splat people

Stage 3

- Choose this or that for a turn (symbols pdf)
- Mr Crow food game
- Choosing toy box
- Weighted blanket sausage rolls
- Dancing robots choosing
- shaving foam people splat
- Baby Shark, Daddy finger, Happy & you know it, Head shoulders knees toes choosing songs to sing as you squeeze or bounce them

Stage 4

- draw a face
- shaving foam face
- magnet face
- wash toy
- complete face photo puzzle
- sort mini face photos of class friends into pots

Pinterest Ideas

More Attention Autism Resources

Spring - Our School Attention Autism

sensory curriculum[©]
attention autism

Stage 1

- .Fun and motivating toys from your class that they do not usually get to see- they are a 'treat' item.
- Sensory bottles with glitter and numbers / letters inside
- musical instruments
- silk scarves
- people puppets
- sound recorded buttons

Stage 2

- Chalk dust on black sugar paper
- Light box drawing
- Magnet play
- Sensory toys in a rucksack (tip out, play)
- Cause & effect toy
- Wrapper sprinkle onto light box
- Tear and Scrunch paper and throw up
- Draw or paint on photos on people in school, SPLAT!

Stage 3

- Parachute mushroom children lay (under)
- Exercise Ball (on)
- Pop up Tent (in)
- Sausage Roll (in, over, on)
- Balance course (on)
- Train is at the Station
- Baby Shark, Daddy finger, Happy & you know it, Head shoulders knees toes choose
- school uniform get dressed and undressed (hat, jumper, socks)

Stage 4

- Duplo pattern
- Threading pattern
- complete puzzle
- complete face photo puzzle
- sort mini face photos of class friends into pots
- tracing strips

Pinterest Ideas

More Attention Autism Resources

Summer - Weather & Seasons Attention Autism

sensory curriculum ©
attention autism

Stage 1

- Water spray bottle
- Light up toys
- Fan
- Silk scarves
- Weather theme sensory bottles explore
- leaf sprinkle

Stage 2

- Shaving Foam drawing
- Hat box try on
- Silk scarves
- Ribbon fan on/off
- Rice on drum
- Water pour on clear cups stacked
- Weather theme sensory bottles make
- sieve flour onto black sugar paper
- How's the Weather song
- rice on rainbow lazy susan
- Shaving Foam clap

Stage 3

- Raining on You song
- Sun has his hat on choosing box
- Welly Splash
- Rice on drum
- Weather theme sensory bottles explore
- tug of war scarf play ((push and pull)) "mine"
- Rainbow parachute lay under

Stage 4

- match clothing item to appropriate weather (laminated task or pictures on duplo blocks)
- seasonal tree picture with paint and sponge
- pour salt pot onto black paper

Pinterest Ideas

More Attention Autism Resources

sensory curriculum[©]
attention autism

Year B



Autumn-Toys Attention Autism

sensory curriculum[©]
attention autism

Stage 1

- Wind up toy
- Spinning top
- ball in cup toy
- jack in the box
- light up yoyo
- spinning rattle
- rattles
- gyro
- juggling balls
- diabolo

Stage 2

- spinning rainbow drum
- rice drum
- Marble run
- exercise ball "car"
- office chair spinning "train"
- topple tower
- xylophone
- knock tower down
- build wooden bricks with shaving foam

Stage 3

- Quoits obstacle course
- giant jenga knock down
- beanbag throws obstacle course
- foam Rocket jump pump
- wooden block tower knock down

Stage 4

- Duplo pattern
- Threading pattern
- complete puzzle
- put clothes on doll or teddy
- match colour set toys
- complete fine motor toy
- playdough shape to match photo example

Pinterest Ideas

More Attention Autism Resources

Spring- Spring & Growth Attention Autism

sensory curriculum[©]
attention autism

Stage 1

- Sound buttons
- moo shaker
- dancing cactus
- balloon rockets
- bubbles
- water spray bottles
- squeaky farm animals
(dog toy)

Pinterest Ideas

Stage 2

- Brush large Teeth
- Balance Scales with water
- Make a silly sensory sandwich
- Flower pot fountain
- Shape paint printing
- Face collage
- Glitter face on black
sugar paper
- Water pour on cup tower
- Sieve water from high
- green spaghetti splat from high

Stage 3

- Rocket Balloons let go
- Sausage Rolls
- Mr Crow
- Sweet Shop
- Welly Boot Splash
- Hat on song
- Wash hand station
- drive tractor through
mud / wash the mud off

More Attention Autism Resources

Stage 4

- flower pairs photo matching
- sequencing cards
- paint and sponge spring scene
- cut green spaghetti into pieces
- match mum and baby toys or images on duplo blocks

Summer - Creatures Great & Small

Attention Autism

sensory curriculum[©]
attention autism

Stage 1

- Animal squeeze poppers
- Animal print fabrics
- magic bug
- Animal pop tubes
- Animal balance toy
- Animal sensory tiles

Stage 2

- cereal sprinkle
- animal stencil flour sprinkle
- animal drum bounce
- shaving foam animal splat
- rainbow stacking spinner
- animal tracks

Stage 3

- Mr Crow
- Elephun
- Plastic animal wash
- sleepy bunnies
- pass the parcel (animal)
- Annie Animal (Mr Crow)
- down in the jungle
- Old Mac Donald
- crocodile dentist
- hungry hippos (real?)
- Buckaroo
- Tumbling Monkeys

Stage 4

- Match animal to habitat photo
- Match toy animal to photo sheet
- sponge paint animals with photo example to copy
- Magnetiles animal puzzles
- laminated tasks

Pinterest Ideas

More Attention Autism Resources

sensory curriculum[©]
attention autism

Year C



Autumn- Colour & Light Attention Autism

sensory curriculum[©]
attention autism

Stage 1

- Rainbow belly dance fan
- bubbles
- light up fan
- light up spinner
- light up instruments
- light up ball bounce
- rainbow slinky
- rainbow parachute

Stage 2

- colour mixing and pour into clear cups
- pom pom drum
- rainbow lazy suzan & rice spin
- paint salad spinner art
- light table sand draw
- Rangoli patterns/ spirograph
- Light box
- UV paint and dark light

Stage 3

- Parachute (rainbow song)
- Rainbow stacking
- pom pom sort
- BIG bubbles string wand
- Colour sorting (hoops)
- Elefun butterfly catch
- colourful rice drum
- rainbow foam explore
- rainbow rice lazy suzan
- cotton pad paint splat
- Rainbow paint sponge
- Rainbow stacking tower knock down

Stage 4

- Colour sorting into pots
- pattern threading
- pattern duplo
- colour in picture like example
- coffee filter paper pens and water art
- shaving foam and paint marbling

Pinterest Ideas

More Attention Autism Resources

Spring - Communities & Culture Attention Autism

sensory curriculum[©]
attention autism

Stage 1

- confetti popper
- Light up toys
- Fan
- Silk scarves
- sensory bottles explore
- Balloon Rockets
- Musical Instruments
- Confetti balloons
- party poppers

Pinterest Ideas

Stage 2

- Silk scarf play
- Ribbon fan on/off
- Rice on drum
- sensory bottles make
- Chalk Rangoli patterns
on black sugar paper
- Holi colour cotton pad
paint splat
- Henna decorate the
tuff tray
- Light box explore

Stage 3

- Tug of war silk scarves
- CNY Red rice on drum
- People who help us Hat
box try on
- Easter hunt sensory tray
- Pride colour sorting
- Light box drawing in
flour, sand or rice

Stage 4

- decorate a flag
- make a lollypop
stick flag
- stick on face
features to make
your face
- Rangoli pattern
card match

More Attention Autism Resources

Summer - On the Move Attention Autism

sensory curriculum[©]
attention autism

Stage 1

- bouncing or light up ball
- sensory banana
- dancing robots
- therapy band

Stage 2

- Cow milkshake
- Fruit smoothy blender
- cutting fruit and veg
- vegetable printing
- grating vegetables

Stage 3

- Hop little bunnies
- Squeeze Machine
- Sausage Roll
- Mr Crow
- Shelly Shape
- Trampet bounces
- Balloon car pump
- yoga posture cards
- dance/music choosing
- exercise ball
(on/off/forward/backwards/
push/pull)
- peapod canoe

Stage 4

- playdough shape
match the photo
- fine motor
resource
- puzzle

Pinterest Ideas

More Attention Autism Resources

sensory curriculum[©]
attention autism

Year D



Autumn- Journeys Attention Autism

sensory curriculum[©]
attention autism

Stage 1

- Remote control car
- Ballon car pump
- Rocket Balloons
- Drum (fast and slow)
- Light up toy (on/off)
- Spinning toys
- Click Clack cars
- Yellies
- roll ball
- bounce ball

Stage 2

- Cars through foam
- Car paint tracks
- Click Clack cars
- cars down ramp into water

Stage 3

- Exercise ball (push & pull)
- Colour cars on drainpipe
- Balloon car pump
- Electronic car choosing
- Train Journey spins
- car wash station
- sensory squeeze machine

Stage 4

- car colour match to coloured card pieces
- Duplo with car images on the side, match the correct colours together
- Build duplo or logo car following photo example
- park car in correct parking space

Pinterest Ideas

More Attention Autism Resources

Spring- Houses & Homes Attention Autism

sensory curriculum[©]
attention autism

Stage 1

- Bricks to build tower
- silk fabrics
- wolf / pig.puppet
- magnatiles
- home corner toys
- switch operated toys
- cup tower
- hairdryer & feathers
- ball blower / ball popper
- fan
- sticks to drum

Stage 2

- glitter house picture
- build with blocks and knock down
- fruit smoothie
- ping.pong ball blow
- foam building bricks
- ribbon fan on off

Stage 3

- Sausage Rolls
- TV intro choosing and dance/sing along
- remote control toys
- electric toy choosing
- switch operated toys
- cow milkshake
- knock over brick tower

Stage 4

- put dolls to bed or get them dressed
- glitter house picture
- build house with blocks
- shoe box items
- match pig to house laminated task
- lolly stick craft

Pinterest Ideas

More Attention Autism Resources

Summer - Out & About Attention Autism

sensory curriculum[©]
attention autism

Stage 1

- beach ball throw up and down
- balloon let go
- balloon helicopter
- foam aeroplane throw
- panda money box
- magnet toys

Stage 2

- natural painting

Stage 3

- Holiday hat on song
- Holiday wear choosing, dress up and dance
- Train ride (tickets)

Stage 4

- write & post letters
- Teddy Bear Sandwiches
- pack a suitcase laminated task
- punch tickets

Pinterest Ideas

More Attention Autism Resources



sensory curriculum[©]
attention autism

Assessment

Assessment

Date:

Leading adult:

Stage 1:

Stage 2:

Stage 3:

Student Initial:	Eye contact with leading adult	Engages in activity by smiling / laughing	Reaches towards activity	Supporting adult interference	Points to activity	Vocalisation that indicate engagement e.g. excitement, squeals.	Focus on activity for how many minutes in one go?	Body position represents engagement e.g. leaning towards, facing adult	Able to wait their turn? for how many minutes?	Stayed for the full session? Stayed for how long?

For yes/no or tick questions please mark out of 10. 10 being yes, no being 0, fleeting being 3, mostly being 7 and sometimes being 5

Assessment

Date: 25/02/24 Leading adult: Jordan G

Stage 1: spinner, rocket balloons, fan

Stage 2: UFO alien spaceship

Stage 3: Mr Crow

Student Initial:	Eye contact with leading adult	Engages in activity by smiling / laughing	Reaches towards activity	Supporting adult interference give minus 10 for yes give 0 for no	Points to activity	Vocalisation that indicate engagement e.g. excitement, squeals.	Focus on activity for how many minutes in one go?	Body position represents engagement e.g. leaning towards, facing adult	Able to wait their turn? for how many minutes?	Stayed for the full session? Stayed for how long?
AG		10	10	0	10	10	3min	10	2	20 mins
SM		10	10	-10	10	7	0.5min	5	1	20 mins
AL		10	10	0	10	5	1min	7	0.25	20 mins
PH		10	10	-10	0	7	0.25min	3	0	5 mins

For yes/no or tick questions please mark out of 10. 10 being yes, no being 0, fleeting being 3, mostly being 7 and sometimes being 5

Assessment

[Click here for assessment record spreadsheet](#)

make a copy > rename > edit

	A	B	C	D	E	F	G	H	I	J	K	L
1	Sensory Curriculum (2024) written by Jordan Garratt of www.sensoryclassroom.org & @sensoryclass											
2	Do not send to others. You can save and edit for single use.											
3												
4	Student Name:		Age:		School Year:							
5												
6	DATE	Eye contact with leading adult	Engages in activity by smiling / laughing	Reaches towards activity	Supporting adult interference	Points to activity	Vocalisation that indicate engagement e.g. excitement, squeals.	Focus on activity for how many minutes in one go?	Body position represents engagement e.g. leaning towards, facing adult	Able to wait their turn for how many seconds/minutes ?	Stayed for how long?	TOTAL
7	25/02/24	5	10	10	0	10	10	3	10	2	20	80
8	26/02/24	5	10	10	-10	10	10	4	10	3	20	72
9	27/02/24	5	10	10	0	10	10	4	10	5	20	84
10	28/02/24	5	10	10	0	10	10	3	10	1	20	79
11	29/02/24	5	10	10	0	0	10	2	10	6	20	73
12	01/03/24	7	10	10	0	10	10	1	10	3	20	81
13	02/03/24	7	10	10	-10	10	10	3	10	5	20	75
14	03/03/24	7	10	10	0	0	10	4	10	2	20	73
15	04/03/24	7	10	7	0	10	10	4	10	3	20	81
16	05/03/24	10	10	10	0	10	10	3	10	5	20	88
17	06/03/24	10	10	10	0	10	10	2	10	1	20	83
18	07/03/24	10	10	10	0	10	10	1	10	6	20	87
19	08/03/24	10	10	10	0	0	10	4	10	3	20	77
20	09/03/24	10	10	10	0	10	10	5	10	5	20	90
21	10/03/24	10	10	10	0	10	10	4	10	6	19	89



sensory curriculum sensory curriculum[©]
attention autism

Thank you for downloading this document

Please leave a review here:

<https://g.page/r/CcNUsLsKiHdCEBM/review>